

Oktober 2020

Studienævn for Medicin Studienævn for Sundhed og Teknologi Studienævn for Idræt og Folkesundhedsvidenskab Institut for Medicin og Sundhedsteknologi

Semesterkoordinators evalueringsrapport for Idræt 2.sem. KA (Uddannelse og semester)

Årstal: Forår 2020

Semesterkoordinator/dato for udarbejdelse af rapport: Sabata Gervasio 12/10/2020

Antal afholdte styrings-/semestergruppemøder på semestret: 2

Bilag vedhæftet: 0

(Referater fra semestergruppemøde skal kun vedhæftes, hvis de ikke tidligere er sendt til studienævn (studienævnssekretær). Semesterevalueringsrapport skal ikke vedhæftes.

Semestret generelt (bemærkninger til forberedelse/opstart, studie-/læringsmiljø, studerendes arbejdsindsats, deltagelse i styrings-/semestergruppemøder og semesterevaluering, administration, fysiske rammer m.m.)

Based on the semester meetings and evaluation, the students' feedback on the semester is generally positive.

The students were satisfied with the information provided during the semester start.

The teaching in general lived up to the semester description, but some courses and projects were affected by the Covid19 lock-down.

One side-fag student reported feeling marginalized by other students. Teaching activities sometimes overlapped with their main subject. Side-fag students were invited by the semester coordinator to participate to the regular and extraordinary status meetings.

Study intensity is relatively low – see action points.

The physical surroundings still does not work satisfactorily for the students. The study board hands it on to the Department.

Projektmodul (bemærkninger til forløb af gruppedannelse, forløb af projektgruppearbejde, projektvejledning, sammenhæng mellem projektgruppearbejde og kursusmoduler, statusseminar, eksamen m.m.)

During the semester group meetings, the students indicated that they were satisfied about the projects and the supervision. One supervisor received a special good feedback. In the semester evaluation, some students were not satisfied by the professional expectation, learning outcome, the possibility of using previous competences, their engagement level and the access to facilities. The qualitative answers only point out at the difficulty to access to the facilities and the necessity to adapt their project due to the Covid-19 lock-down. The semester coordinator held extraordinary status meetings with group responsible every two weeks to identify and solve any problem related to the lock-down, including the adaptation of the projects and the motivation of the students. A continuous dialogue was kept with the supervisors to inform them about the outcome of the meetings.

Despite the lock-down, the status seminar was held and the student indicated to be satisfied with its outcome.

Kursusmoduler (bemærkninger til kursusmodulers forløb – forelæsninger, caseundervisning, klinik ophold og kliniske øvelser, sammenhæng/progression i/mellem forløb, forberedelse/opgaveløsning/øvelser, eksamen m.m.)

Many of the courses teachers and coordinators have been praised, in the semester groups meetings and in the semester evaluations.

The course "Effekter af styrke og power træning" received positive feedback. The students indicated however that:

- The professional level of the course was too high and wished for more examples of the effect of training and practical applications
- Students felt they had limited possibilities of receiving feedback from the teachers and collaborate with other students.
- Students felt there was overlapping with other courses

The course "Coaching og anerkendelses betydning for individ og fællesskab" was greatly affected by the Covid-19 lock-down, due to the nature of coaching, which traditionally is to engage in one-to-one conversations that was obviously difficult in the remote teaching. Moreover, the students expressed the need to improve:

- The professional level of the course and the learning outcomes
- The communication from the teachers on the objectives of the course, module activities and exam form.

The course "Organisering af talentudvikling og sundhedsfremme (valgmodul 2a) received a very good feedback and teachers were praised during the semester group meetings.

The course "Neuromuskulære tilpasninger til fysisk aktivitet og træning (valgmodul 2b)" also received a very good feedback. Students praised the coordinator and teachers for their engagement. Based on previous course evaluations, the coordinator and teachers have successfully increased the amount of feedback provided to the students.

Action points/planlagte tiltag

For the course " Effekter af styrke og power træning", the following action points will be taken:

- 1. The course is at a natural sciences master level. To assist students that find the topic difficult the teachers will be encouraged to provide summaries at the end of classes. The students will be informed that the knowledge they obtain relates to stages in a scientific process that often can be used to advice about what not to do instead of what to do in physical training.
- 2. The communication between students and teachers is encouraged during the class and students are encouraged to contact the teachers between classes in case of questions. Teaching assistant hours for problem solving will be considered.
- 3. Students will be made aware that overlaps with other courses are due to the fact that the same organ systems are involved, however, the effects on the systems are different between endurance and strength/power training.

For the course "Coaching og anerkendelses betydning for individ og fællesskab", the following action points will be taken:

- 1. In the first lecture, it will be stated clearly what students can expect from the course, how the course activities are linked with learning outcomes, expectation for students engagement during the course activities and exam form.
- 2. The main teacher will be replaced; the recruitment is in process.
- 3. Lecturers and workshops will highlight how selected coaching practices' are linked with theories and their basic assumptions, definition of problems.
- 4. Teaching will be planned with consideration for possible remote activities.

For the semester in general:

1. Study intensity remains low but due to Covid19 it is difficult to interpret whether improvements or deteriorations have occurred. At the semester start 2021, the semester coordinator will continue to inform about study intensity as well as discuss this with the supervisors.

Evt. andre kommentarer

Possible actions to take care of minor comments from the students have been discussed with the course coordinators.

In 2021, teaching activities, including courses and project work will be planned taking in consideration an eventual lock-down.